

Spring/ Summer Menu 2022



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 21 st Feb, 14 th Mar, 18 th April, 9 th May, 6 th June, 27 th June, 18 th July	Option 1	Tomato & Vegetable Pasta Bake with Herby Bread	Beef Burger in a Bun with Potato Wedges & Tomato Sauce	Roast Pork, Roast Potatoes & Gravy	Chicken Curry with Rice	Breaded Fish with Chips & Tomato Sauce
	Option 2	Spanish Omelette with New Potatoes	Vegan Burger in a Bun with Wedges & Tomato Sauce	Vegetable Wellington with Roast Potatoes & Gravy	Vegetable Curry with Rice	Vegan Mexican Roll with Chips & Tomato Sauce
	Vegetables	Peas & Sweetcorn Rainbow Slaw	Sweetcorn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans
	Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie	Peaches & Ice Cream
Or a choice of Fresh Fruit available daily						

Week Two 28 th Feb, 21 st March, 25 th April, 16 th May, 13 th June, 4 th July	Option 1	Macaroni Cheese	Spaghetti Bolognese	Roast Chicken, Roast Potatoes, Stuffing & Gravy	BBQ Chicken Pizza	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option 2	Broccoli & Cheese Pasta Bake	Vegan Spaghetti Bolognese	Roast Quorn, Roast Potatoes, Stuffing, & Gravy	Cheese & Tomato Pizza	Cheese & Bean Pasty with Chips
	Vegetables	Sweetcorn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweetcorn	Peas Baked Beans
	Dessert	Apple & Berry Crumble with Ice Cream	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Cake with Chocolate Sauce	Apple, Cheese & Crackers
Or a choice of Fresh Fruit available daily						

Week Three 7 th March, 28 th March, 2 nd May, 23 rd May, 20 th June, 11 th July	Option 1	Vegetable Enchiladas with Rice	Beef Lasagne with Garlic Bread	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce
	Option 2	Falafel with Lemon & Herb Couscous	Vegetable Lasagne with Garlic Bread	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy	Vegan Sausage Hot Dog with Potato Wedges	Cheese & Red Pepper Frittata with Chips & Tomato Sauce
	Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweetcorn	Carrot Broccoli	Sweetcorn Tomato Salsa	Peas Baked Beans
	Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread
Or a choice of Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.